

3rd meeting: Valponasca View of Life for all 13-3-2022

Reading: Valponasca: Place of union with God

We are now in the fruitful experience of Main's life and from it we will discover the depth of the almost ten years (1849–1858) that she passed in this special place. We can then look at her story, listen to her life, feel her love and her spirituality. Why? **From here, we can also reach out to get in touch with our own experience of God**, finding how we are close to Him in the expression of daily life.

In the Valponasca, Maria's feet move freely in a single direction: to love and serve God, to reach God with her heart in prayer and her hands at work, to contemplate God in the faces of her relatives and the young women of Mornese, to serve God while working in the field, accomplishing the tasks of the house and in discipleship.

The Valponasca was for Maria Domenica a "school of life": the contact with nature, with the open horizons of the Valponasca, in solitude (which was not isolation!), in silence, in hard work and sacrifice, Mother Mazzarello assimilated the contents of faith in depth and she built upon them in a personal way, and made them a reason for life.

Maria Domenica grew a characteristic that will be her own for all of her life: the capacity for interiority. She knew how to make peace in her being. The commitment in daily work did not mean suffering, rather she found reason for joy and liveliness in her work: Maria easily went from an occupation to another, sure of working for a Master, who loves her gratuitously, who does not allow Himself to be outdone in generosity and who invites her to give of herself with joy. A contemplative heart is always an active heart!



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Main invites you to reflect

- 1) In light of Main's experience, how do you experience union with God at work?
- 2) Poverty, weariness from work in the fields, and difficulties of life, did not obscure the profound and serene family relations in the Mazzarello house. **What is your reality in personal relationships with your loved ones?** (family, friends or community)
- 3) The testimony of family life and work that Main offers us, invites us to always trust in Providence and never to lose joy and hope on the path of good. **Are you happy in this moment with your life?**